



Nutty News



Epsilon Kappa Alumnae Chapter of Alpha Gamma Delta

President's Letter

Susan Wilper, Alumnae Chapter President

The theme at Convention this year was Navigating with Purpose, and there were several activities involved around incorporating the principles of Alpha Gamma Delta Purpose into our actions. I want to encourage you to get involved with the alumnae chapter this year as we deepen our bonds of sisterhood and as we support the collegiate chapter. One of our Convention activities was an Alpha Gamma Delta Passport, which contained challenges relating to each element of the Purpose. I'd like to incorporate that idea into EKAC, and I present the following challenges for the upcoming year:



Feast of Roses—Convention 2010

- To gain understanding that wisdom may be vouchsafed to me: Read through the Purpose and create your own personal set of goals for living the Purpose in your daily life!
- To develop and prize health and vigor of body: Participate in a diabetes related walk and wear your AGD letters!
- To cultivate acquaintance with many whom I meet: Join us at one of our lunch/happy hours, at the Homecoming Tailgate, or at the Christmas Party.
- To cherish friendships with but a chosen few and to study the perfecting of those friendships: Reach out to a sister from your new member class (pledge class) that you haven't

talked to in awhile. Need their contact information? Send us an email!

- To welcome the opportunity of contributing to the world's work in the community where I am placed because of the joy of service thereby bestowed and the talent of leadership multiplied: Get involved with EKAC in developing our philanthropic efforts. You could even volunteer to be our Philanthropy Chair!
- To honor my home, my country, my religious faith: EK is our "home" in a way. Do something to support our collegiate sisters by volunteering to be an advisor or joining a House Association committee. We would be happy to help you find your fit.
- To hold truth inviolable, sincerity essential, kindness invaluable: Compliment one of your sisters that has had an impact on you.
- To covet beauty in environment, manner, word and thought:

Send a note to the collegiate chapter showing your support during Homecoming.

- To possess high ideals and to attain somewhat unto them: Make it a goal to complete as many challenges as you can.
- This shall be my purpose that those who know me may esteem Alpha Gamma Delta for her attainments, revere her for her purposes and love her for her Womanhood: Spread the word to the sisters you keep in touch with to join us in our fun-filled year of activities and collegiate support.

I hope to see you at one or more of our events this year!

Loyally,
Susan

Fall/Winter 2010

Volume 2, Issue 2

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Ways the alumnae chapter has been supporting the collegians:

- \$600 to chapter scholarships
- Silverware to chapter house
- Car decal and AGD pens for new members gifts
- Conducting Senior Re-dedication Ceremonies
- Meals and treats for finals week and polish week (work week)

International Reunion Day 2010: A Recipe For Success

IRD 2010, A Recipe for Success, was indeed a success! Forty-three alumnae and 62 collegians attended. There were many smiles and lots of laughter throughout the room. The Chapter President, Chapter Advisor, Alumnae Chapter President, and HA President all spoke and provided updates on each area or "ingredient" of Epsilon Kappa, collegiate chapter, advisor team, House Association, and alumnae chapter. The past year was a positive year for Epsilon Kappa in all areas and the

speakers were able to highlight the many successes and accomplishments. The speakers presented a united front and demonstrated how each "ingredient" works together and contributes to the success of Epsilon Kappa and Alpha Gamma Delta. Mary Coffman Russo was the Guest Speaker and she presented her experiences in Alpha Gamma Delta. She has been a stellar member and contributed to Alpha Gamma Delta in many areas. Mary was also recognized during the 50 Year Award Ceremony along with Nancy Tindel Kahn

and Judith Ausemus Hunt. Rhonda Dunn and Julie Van Becelaere Ramage were recognized during the 25 Year Award Ceremony. Laura Mortick was the first recipient of the "Spirit of Epsilon Kappa" award established by Susan Wilper, EKAC President. The award recognizes service to EKAC above and beyond what is expected. A Decade Challenge was issued to all the Alumnae in the Spring Nutty News to see which decade could have the most represented at IRD. The 90s had the most represented.



Top left: Salli Ogden Chowning and Shannon Nichols Fletcher, IRD Chairman; top right: 50-year members, bottom left: singing Margaret's Song; bottom right: 25-year members

Convention 2010: Navigating With Purpose

Alpha Gamma Delta Convention 2010 was held in Tampa, Florida from June 23-27. The theme this year was "Navigating with a Purpose." Along with 590 attendees from alumnae chapters and clubs, Junior Circles, and collegiate chapters, EKAC was pleased to send Susan Wilper, EKAC President, as our delegate. She was joined by the delegate and President of the EK House Association, Heather Kalar Rubesch. EKAC is proud to announce that both women were awarded the Arc of Epsilon Pi for outstanding service to Fraternity. Congratulations to both of them!



Heather and Susan representing EK alumnae at Convention

Parent's Club Update

Parent's Club has been very busy this past summer. With the help of House Association, both groups joined together over the summer and completed a list of projects. Thank you to all the collegiate, alumnae, HA Board members, and parents who helped make all of the remodel projects and updates possible. The house looks amazing and the girls were so excited for all of the new updates.

Parent's Club also provided an Italian lunch for the collegiate women on August 19th during Polish

Week. Thank you to Linda Mies, mother of Laura Mies, for being in charge of the event. And another thank you for all of the parents who attended and helped make this event a success.

Parent's Club will host the annual Family Day brunch on September 18 at 9:00 a.m. at Memorial Auditorium. A silent and live auction will follow. Anyone who would like to donate an item or make a donation is encouraged to contact Heather Shondell

Kucera, the Parent's Club Advisor at agdparentsclub@hotmail.com or at 913-634-1414. Our goal is to raise \$3,700 to fund projects for the upcoming year. This is a great event for families to come together for a fun time. If you are an alumnae with a daughter in the collegiate chapter and want to get involved with Parent's Club, please reach out to Heather Shondell Kucera.

Pittsburg Garage Sale

EKAC hosted a garage sale on July 24, 2010 at the home of Maggie Costantini Ryan in Pittsburg, KS. Over \$300 was raised for the Alpha Gamma Delta Foundation. We would like to thank all those who donated to the sale. Unsold items were donated to a local organization called Choice Plus. This organization provides assistance to the homeless by locating employment and housing opportunities.



Having a fun time raising money for the Foundation

House Association Happenings from HA President Heather Kalar Rubesch

It is a really exciting time to be involved with House Association! All of you should have received the new by-laws in the mail prior to our annual meeting in April. With the adoption of the new by-laws came some big changes to the House Association Board. We added some additional Member at Large positions, gave voting rights to two advisors and two collegiate members. Having this larger and more representative group has helped us make some significant decisions and progress.

As Member at Large prior to being President, I was tasked with feasibility and did a comprehensive evaluation of land costs and construction costs in the Pittsburg area. The number one question I have been asked since joining the HA board by collegians and alumnae is **“Are we getting a new house?” The answer is Yes and No and I will explain why!**

This was a major question taken up by the new board at our April annual meeting and our first board meeting in June 2010. The 2009-2010 board conducted a survey of members prior to annual meeting. Many members expressed strong feelings about keeping our current house and concerns about taking on the debt that would be necessary to construct a new house. Thus, the board hired a structural engineer to give us a professional opinion about our existing 2102 S Broadway location. The structural engineer's report indicated that our current house is extremely sound.

He made low cost recommendations regarding additional guttering, grading and water redirection to eliminate the water that we currently get in the basement, but he saw no cracking or extreme settling to indicate our house was structurally unsound.

The board then hired a civil engineer to look at the donated land behind the house to see if it was feasible for additional parking. Soil and survey results were favorable for building a single level parking lot on the donated land.

This summer, Heather Shondell Kucera and I met with an architect to discuss preliminary plans to add on to the back of the existing house. Formal drawings of the proposed addition and parking lot will be available this winter and will be viewable on the alumnae chapter website. The addition takes into consideration the major issues we heard from the collegian women—bigger kitchen, larger pantry, chapter room on-site and more parking. Additionally, the proposed plan moves the President's room upstairs and gives her a larger more modern suite. Another area still under discussion could be an additional bedroom / bath or an exercise room.

So we are getting a “new” house because if you lived in 2102 S Broadway prior to 2010 you soon won't recognize the place. The costs of building a new structure, including locating a desirable and available location, were weighed against the advantages/disadvantages

of improving our existing property. After much discussion, we determined that improving our current building was the most cost effective way to achieve our goals. Several factors influenced our decision: Overall desire of our membership to remain in our current house of 30+ years, the attainability of realistic fundraising goals, the viability of our existing structure and surrounding property, and solid fiscal responsibility.

Stay tuned for updates and to find out how you can help contribute to the project. We have a fantastic nest egg donation that was given to HA by Marie Monk Samp upon her passing. Additionally, we received a generous donation of the additional land for parking from a Pittsburg resident. Both of these are good “starting points.” Our Parent's Club addressed many of the cosmetic projects on the girls 5-Year Plan over the summer so that HA could focus on the long term strategic and structural improvements to renovating our chapter house and making it “new.”

In the coming months we will be detailing fundraising and memorial opportunities alumnae can make to ensure our House remains a safe, sound and attractive symbol of our chapter for years to come. If you have any questions, concerns, or ideas, I would love to hear from you. I can be reached at 913.219.5203 or heather@idea2paper.com.



New dining tables from Parents Club and new hardwood floors in Formal Room from HA. Visit the alumnae chapter website to see more photos of the work completed this summer and information about future projects www.agdpsualum.com

2010-2011 House Association Board and Committee Chairs

President – Heather Kalar Rubesch

Vice-President – Heather Shondell Kucera

Secretary – Shirley Henderson-Fry

Treasurer – Carol Haesemeyer Watson

Members at Large—Shannon Nichols Fletcher, Patty Huddlestun Palmer, Mary Coury Whiteside

Nominating Committee—Shannon Nichols Fletcher

By-Laws Committee—Shirley Henderson-Fry

Maintenance Committee—Heather Shondell Kucera

Decorating Committee—Cassie Jarrett Cleaver

Fundraising Committee—Heather Kalar Rubesch

“To welcome the opportunity of contributing to the world’s work in the community where I am place because of the joy of service thereby bestowed and the talent of leadership multiplied”

Chapter House Summer 2010 List of Accomplishments

House Association made the following improvements to the chapter house:

- 20 new exterior double pane windows
- Hardwood floors and rugs in the formal room
- New hardwire and monitored smoke detectors installed
- Ceramic tile in the TV room and President’s bathroom
- New carpet in the downstairs TV room and back hallway stairs
- Created more shelving for storage in pantry room
- Added two new cabinets in kitchen to create more storage
- 17-new mattress pads
- New commercial bathroom exhaust vents installed in both upstairs bathrooms
- Air ducts and carpets were professionally cleaned
- Cemented in basement window where water was entering to stop the flooding
- Exterior Power washed
- Eave damage repaired
- New thresholds for downstairs doorways
- Relocated dryers in laundry room for safer venting
- Basement window grates secured

Total Investment in chapter house by HA approximately \$25,000

Parent’s Club made the following list of improvements to the chapter house:

- New furniture, entertainment center and window blinds for downstairs TV room
- New dining room tables and chairs
- 17 new mattresses
- New paint in TV room and adjoining bath, all downstairs hallways, back stairwell and green room.
- New paint, ceiling tiles and storage in laundry room
- New décor in TV room bathroom
- Space saving trash system installed

House Association and Parent’s Club worked together on the following improvements:

- Removal of old tile in the laundry room
- New paint for President’s Room bathroom
- Painting trim in TV room, hallways and stairwells

Alumnae chapter donated the following items:

- Three new sets of silverware for the chapter house



New TV Room Furniture from Parent’s Club and Carpet from HA

Chapter Report

Holly Hrabik, Chapter President

I am so excited for the upcoming semester! I have been so proud of the girls last semester and am looking forward to my second semester as Chapter President. I would like to recap the busy semester we had in the spring.

March

Courtney Decker planned a Mom's Day Bunko-themed party in the Alumni Center.

April

Rula Andriessen, Leadership Consultant, visited during Initiation Week. Rula worked with each individual officer by reviewing officer duties and giving helpful hints and new ideas. We initiated nine wonderful women. The Greek Week 2010 theme was "True Life: I'm a PSU Greek" based on the MTV reality show series. AGD placed 2nd in canned art with our couch design, and 3rd in the house decorating contest with our Ace of Cakes theme. We placed 2nd in Greek games, which consisted of tug-of-war, relay races, pudding eating contest,

and canoeing in the University lake. Nikki Currie, senior, placed second in Greek Goddess with her Hannah Montana routine. Emily Plush led AGD to place 1st in Airband, the lip-syncing contest. We also placed 1st in a fundraising competition for Make-A-Wish Foundation, donating over \$400! Amy Moore, VP Scholarship, was awarded Outstanding Executive Member by Order of Omega, the Greek Honor Society. AGD was also awarded Outstanding Excellence in Scholarship, Membership Development, Membership/Recruitment, Chapter Management, Social Service, Alumnae Relations, and Campus Involvement. Our members are involved in over 50 Campus organizations! We are most proud of our Sorority of the Year award for the 2009-2010 school year.

May

Courtney Decker planned a "Revenge of the Nerds" date party, which was a huge success. The Senior Rededication Ceremony was performed for eight seniors.

July

We sent three Executive Council members to Convention 2010 in Tampa, Florida: Holly Hrabik, President and Chapter Delegate, Kay Hixon, VP Member Development, and Alex Paterson, Property Coordinator. EK earned Jewel Society recognition for 14 years in a row, which requires a \$2,000 annual donation to the AGD Foundation. EK ranked #9 out of the Top 10 Chapter donations, raising over \$4,000!

If you have any questions or anything to share with the collegiate chapter, please do not hesitate to email the chapter email address:

pittstateagd@yahoo.com, or you can email me personally at hhrabik@gus.pittstate.edu

Loyally,

Holly Hrabik



Collegiate Chapter Advisors

Executive Council Advisors

Chapter Advisor—Cassandra Jarrett Cleaver

Member Development—Shannon Nichols Fletcher

Scholarship—Leslie LaMar

Recruitment—Jodie Frew Reynolds

Finance—Kathy Ferraro

Property—Jil Engel King

Campus Relations—Shanna Matus Harris

Operations—vacant*

Chapter Council Advisors

Alumnae Relations—Laura Mortick

Activities—Marisa Hansen Clausen

Delta Experience—Laura Mortick

Membership—Shannon Nichols Fletcher

New Member—vacant*

Parents Club—Heather Shondell Kucera

Personal Development—Kaitlin Weddum

Philanthropy—Brenda Hancock Flood

Public Relations—vacant*

Publications—Nicole Bushnell Modica

Risk Management—Gina Kimble Golba

Ritual—Sheila LaFavor Pitt

Sisterhood—vacant*

Social—Heather Shondell Kucera

Bid Day Aug 19, 2010—"Welcome to the Good Life"



EK new members donning matching sunglasses and t-shirts with the phrase "Welcome to the Good Life"

Polish Week (Work Week) started August 9th for our collegiate sisters. They were able to build sisterhood while preparing for formal recruitment. They practiced songs and conversation and rehearsed House Tours, Sisterhood Night, Philanthropy Night, and Preference. EK's Recruitment Specialist visited the chapter during Polish Week. She stated, "I was very impressed with the chapter's preparation. These are sharp girls who want to be very successful. Participation was whole-hearted and lots of women contributed with questions and suggestions. The house looks wonderful and they are obviously so proud of it."

Formal recruitment started August 15th. One hundred ladies registered for formal recruitment at PSU and 90 ladies attended the first night of formal recruitment. House Tours and Sisterhood Night were held at the chapter house. Philanthropy Night was

held in the Student Center and sisters and recruitment guests decorated quilt squares. The squares will be used to make quilts for the local women's shelter in Pittsburg. Preference was held in the Alumni Center. Bid Day was August 19th and was very successful for our chapter. Quota was 24 and EK happily welcomed 25 new members who accepted a bid and pledged Alpha Gamma Delta. Bid Day was celebrated at the chapter house with collegians and alumnae present. The alumnae chapter provided lunch on Bid Day. We are very proud of our formal recruitment results and excited about our 25 new members. We greatly appreciate all the alumnae that helped serve during formal recruitment and submitted recommendations – Thank You!!

Family Day—September 18

Join us in Pittsburg for the annual Family Day celebration on Saturday, September 18. The Parent's Club will host a brunch with a silent and live auction immediately following. See page 3 for details on how you can help the Parent's Club make this event a success. Stop by the chapter house afterwards for a tour to see the recent renovations. The collegiate chapter will be hosting the Annual Philanthropy Golf Tournament on Sunday, September 19th. This event is the collegiate chapter's main fundraiser for the AGD Foundation and has helped the chapter achieve Jewel Society recognition for 14 years in a row. Tee-off time is

9:30 a.m. at Four Oaks Golf Course in Pittsburg. The cost is \$50 to golf, \$12 to buy a t-shirt, and \$50 to sponsor a hole on the course. Concessions will be available. The registration form is available at: www.agdpsualum.com

Saturday

Family Brunch—9:00 a.m. at Memorial Auditorium
Silent and live auction
House tours
PSU vs. Central Missouri—4:00 p.m.

Sunday

Golf Tournament—9:30 a.m.

Homecoming—October 16

The alumnae chapter will be hosting a tailgate before the PSU Homecoming football game on 10/16. We had a great time at the tailgate we hosted last year and being on campus gave us an opportunity to meet some of the collegians. Following the game, Maggie Costantini Ryan has graciously opened up her home for a post-game party. If you haven't seen the chapter house renovations, this will be a great time to do so!



Gus the Gorilla stopped by our tailgate party at Homecoming 2009

New Members of EKAC

We would like to welcome the following sisters to the alumnae chapter:

Cassandra Jarrett Cleaver
Kristen Humphrey
Rose Ann Reda Williamson
Karen Young Cornish
Patricia Huddleston Palmer
Emily Fager Groneau
Amanda Runyon Eccher
Amy Bowmaker

Tiffany Martin
Jennifer Long
Nicole Thomas
Nikeena Currie
Ashley Rohleder
Mandi Jo Gash
Kellie Walsh

Become a member or by submitting a membership form at www.agdpsualum.com/home/forms

Keep your membership current by paying support fees. The fees help us operate as a chapter and fund efforts to support our Collegiate sisters.



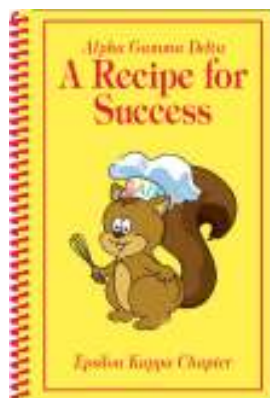
Recent graduates and members of EKAC

A Recipe for Success

The theme for IRD 2010, A Recipe for Success, inspired us to compile an EK cookbook. The cookbook details AGD and EK Chapter history, EK pictures from each decade, and 250 recipes contributed by your fellow sisters. The cost is \$12 and an additional \$2 charge applies for shipping and handling. You can also pick up a cookbook. Order form:

www.agdpsualum.com/home/forms

Email: epsilonkappaalumnae@hotmail.com



AGD Wherever You Go

- EKAC Website: www.agdpsualum.com
- EKAC Facebook Group: Alpha Gamma Delta Members of Epsilon Kappa Chapter
- EKAC email address: epsilonkappaalumnae@hotmail.com
- Collegiate chapter Facebook Profile: Pitt State Squirrels
- LinkedIn Site: www.linkedin.com/in/epsilonkappa
- Fraternity Twitter: www.twitter.com/alphagammadelta.com
- Fraternity Facebook: www.facebook.com/alphagammadelta

Contact Information

Have you moved or changed your email address? Keep your contact information current with our Permanent Secretary, Laura Mortick.

epsilonkappaalumnae@hotmail.com

What's new with you? Please share with us anything you would like to share in future Nutty News issues. Pictures are welcome!

Current Address of IHQ:
AGD International Headquarters
8701 Founders Road
Indianapolis, IN 46268
Ph: (317) 872-2655
Fx: (317) 875-5824
www.alphagammadelta.org

EK Chapter Capsule

| | |
|-----------------------------|----|
| Campus Quota: | 24 |
| ΑΓΔ New Members | 25 |
| Campus Total: | 75 |
| ΑΓΔ Chapter Total | 81 |
| Number in largest NPC Group | 81 |

If you have questions or want to assist our collegians, please contact the Province Director. Her information follows:
Carlene Seutter
202 E. Myrtle Drive Midwest City, OK 73110
pd8@vst.alphagammadelta.org 405-732-3498

EKAC Officers



“The Roarin’ 20’s” Party—60’s

President—Susan Wilper
Vice President—Amy Speck Vinton
Treasurer—Rhonda Dunn
Permanent Secretary—Laura Mortick
Secretary—Salli Ogden Chowning
Editor—Emily Conrad
Philanthropy Chairman—vacant*
IRD Chairman—Shannon Nichols
Fletcher

Assistant IRD Chairman—Tiffany Martin
Activities/Social Chairman—Wendy Platt Kirkpatrick
Archives—Charlene Mershman Burnett

*Contact Susan Wilper at
epsilonkappaalumnae@hotmail.com

Upcoming Dates to Remember

September

14th—Happy Hour

16th—Alumnae Chapter Meeting

18th—Family Day and Parent’s Club
brunch, silent and live auctions

19th—Collegiate Chapter Golf Tournament

October

12th—Lunch

16th—Homecoming Tailgate and Post-
game Party

21st—Alumnae Chapter Meeting

November

TBD—Initiation and Feast of Roses

9th—Happy Hour

18th—Alumnae Chapter Meeting

December

5th—Alumnae Christmas Party

12th—Senior Rededication Ceremony

14th—Lunch

Save the Date

IRD 2011

April 16, 2011

“Seasons of Sisterhood”

50 and 25 Year Award Ceremonies
will be held for sisters initiated in
1961 and 1986.

Join Us for Our 2nd Annual Family Christmas Party Dec 5th

Come enjoy some holiday cheer with your
sisters & their families

Food & Drinks

Pictures with Santa

Silent Auction

Open House 12:00pm-2:00pm

At the home of Amy Speck Vinton

8021 W 146th St. 66223

Evite to Follow



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